

## Category Summary

Gender	RaceCat	RaceNo	Time	Name	Cat	Club
Female						
	Overall Women					
		26	0:35:30	Hannah Robinson		Birchfield Harriers
		31	0:36:32	Rebecca Gallop	35	Newark AC
		35	0:36:48	Georgina Weston		Rotherham Harriers and AC
		34	0:37:32	Caroline Warrington	40	Bromsgrove and Redditch
		29	0:37:35	Molly Browne		Birmingham Running Athletics & Triathlon Cl
	Cat 35 - 44					
		31	0:36:32	Rebecca Gallop	35	Newark AC
		34	0:37:32	Caroline Warrington	40	Bromsgrove and Redditch
		193	0:38:39	Joanne Saunders	35	Ilkeston Running Club
		80	0:39:22	Sarah Semmens	40	Long Eaton Running Club
		220	0:40:30	Collette Gains	35	Dronfield RC
	Cat 45 - 54					
		169	0:38:37	Hayley Gill	45	Matlock Athletic Club
		243	0:40:40	Sophie Eadsforth	45	Beeston AC
		412	0:45:30	Melissa Neal	45	
		414	0:45:48	Lorna Astley	50	
		396	0:46:10	Louise Lowe	45	Clowne Road Runners Club
	Cat 55 - 64					
		375	0:45:57	Jill Burke	55	Derby Athletic Club
		333	0:48:32	Kath Spencer	55	Barrow Runners
		520	0:49:17	Lorraine Toll	55	Barrow Runners
		478	0:52:11	Christine Bexton	60	Beeston AC
		669	0:54:37	Dawn Brooks	55	
	Cat 65 +					
		736	0:54:13	Maddy Collinge	65	Mansfield Harriers
		620	0:55:47	Peter Howe	65	
		941	1:02:53	Valerie Brown	65	
		1103	1:06:34	Ann Lawrence	65	
		1016	1:08:23	Margaret Cowling	65	Shelton Striders
Male						
	Overall Men					
		21	0:29:54	Will Battershill		Erme Valley Harriers
		7	0:30:10	Freddie Hessian		Notts AC
		3	0:30:17	Alastair Watson	40	Notts AC
		2	0:30:37	Charlie Brisley		Newham & Essex Beagles AC
		23	0:30:39	William Strangeway	35	Lincoln Wellington Athletic Club
	Cat 40 - 49					
		3	0:30:17	Alastair Watson	40	Notts AC
		48	0:32:55	Jan Bailey	45	Newark AC
		49	0:33:31	Mike Blair	40	Belper Harriers
		62	0:33:52	David Heslop	40	Belper Harriers
		68	0:34:37	Tim Caldwell	40	Long Eaton Running Club
	Cat 50 - 59					
		53	0:34:41	Chris Nicoll	50	Derby Triathlon Club
		76	0:34:50	Gordon Lee	50	Leicester Coritanian AC
		111	0:36:23	Andrew Taplin	50	Beeston AC
		137	0:36:55	Ian Chant	50	Long Eaton Running Club
		150	0:37:02	Peter McNally	55	Redhill Road Runners
	Cat 60 - 69					
		124	0:37:40	Martin Hull	60	Trentham RC
		160	0:40:13	Rob Sheen	60	Leicester Coritanian AC
		304	0:43:21	Dave Spencer	60	Belper Ten Twenty Triathlon Club
		342	0:43:28	Colin Lewis	65	Erewash Valley RC
		329	0:43:32	Des Gibbons	60	Redhill Road Runners
	Cat 70 +					
		533	0:48:49	Michael Read	70	
		431	0:49:33	Michael Davey	70	Beeston AC
		616	0:52:01	John O'Donnell	70	Beeston AC
		622	0:52:36	Chris Proud	70	Derwent Runners (Derby)
		706	0:54:18	Simon Lord	70	Retford AC