



Derbyshire Athletics 10k Championships

Pos	No.	GunTime	Name	Gender	Cat	Team
1	2	0:30:57	Ben Connor	M		Derby Athletic Club
2	16	0:31:39	Joe Rainsford	M		Heanor Running Club
3	4	0:31:40	Alex Pilcher	M		Derby Athletic Club
4	18	0:32:06	Gareth Lowe	M	35	Clowne Road Runners Club
5	65	0:33:49	Chris Nicoll	M	45	Derby Triathlon Club
6	25	0:34:09	Daniel Page	M		Clowne Road Runners Club
7	81	0:34:48	Dean Taylor	M	35	Heanor Running Club
8	129	0:36:06	Tuhin Wahid	M	35	Shelton Striders
9	78	0:36:31	Paul Allcock	M		Long Eaton Running Club
10	103	0:37:07	Russell Parkin	M	45	Derby Athletic Club
11	36	0:37:47	Louise Insley	F	35	Heanor Running Club
12	183	0:38:01	Rob Fox	M	55	Long Eaton Running Club
13	37	0:38:48	Lucy Taylor	F		Ripley Running Club
14	286	0:41:45	Jill Burke	F	45	Heanor Running Club
15	215	0:42:07	Steph Spencer	F	35	Derby Athletic Club
16	273	0:42:13	Dennis Holmes	M	45	Ripley Running Club
17	257	0:42:23	John Birch	M	55	Midland Masters AC
18	319	0:42:30	Louise Lowe	F	35	Clowne Road Runners Club
19	295	0:43:51	Elizabeth Burgess	F	35	Derby Triathlon Club
20	365	0:46:25	Daniel Follon	M		Ilkeston Running Club
21	634	0:51:20	Eleanor Robinson	F		Ripley Running Club
22	797	0:52:18	Michael Butterly	M	65	Derby Athletic Club