

Metres	Kilometres	Elevation (metres)
0	0.0	36.6
40	0.0	36.7
70	0.1	36.8
100	0.1	36.9
130	0.1	37
160	0.2	37.1
184	0.2	37.3
214	0.2	37.7
262	0.3	38.1
292	0.3	38.1
424	0.4	38
454	0.5	38.3
532	0.5	38.7
562	0.6	38.8
640	0.6	39
694	0.7	39.1
760	0.8	39.1
820	0.8	39.1
850	0.9	39
880	0.9	38.9
910	0.9	38.8
940	0.9	38.7
970	1.0	38.6
1000	1.0	38.4
1030	1.0	38.3
1048	1.0	38.3
1066	1.1	38.3
1234	1.2	37.7
1366	1.4	36.8
1384	1.4	36.7
1456	1.5	36.5
1558	1.6	36.6
1576	1.6	36.6
1594	1.6	36.6
1690	1.7	36.3
1750	1.8	36.2
1780	1.8	36.1
1822	1.8	36.1
1900	1.9	36.1
2032	2.0	36
2140	2.1	36.2
2170	2.2	36.1
2182	2.2	36.1
2230	2.2	36
2260	2.3	36
2290	2.3	35.9

	Elevation (metres)
Highest Point	39.1
Lowest Point	33.5
Elevation Difference	5.6
Start-Finish Difference	-2.5

Green = Lower points of the course.  
Red = Higher points of the course.

2320	2.3	35.9
2422	2.4	35.7
2518	2.5	35.7
2596	2.6	35.4
2644	2.6	35.1
2692	2.7	35
2740	2.7	34.9
2860	2.9	34.5
2890	2.9	34.3
2920	2.9	34.3
2986	3.0	34
3034	3.0	33.9
3082	3.1	33.7
3304	3.3	33.5
3334	3.3	33.5
3364	3.4	33.5
3472	3.5	33.6
3502	3.5	33.6
3532	3.5	33.6
3640	3.6	33.6
3670	3.7	33.7
3850	3.9	33.9
3880	3.9	33.9
3910	3.9	33.9
3940	3.9	34
3952	4.0	34
3982	4.0	34.1
4012	4.0	34.3
4150	4.2	34.6
4180	4.2	34.6
4300	4.3	35
4354	4.4	35.1
4384	4.4	35.1
4414	4.4	35.1
4444	4.4	35
4474	4.5	35.1
4504	4.5	35.4
4534	4.5	35.5
4882	4.9	36
4912	4.9	36.1
4942	4.9	36.2
4972	5.0	36.1
5002	5.0	36.1
5032	5.0	35.9
5062	5.1	35.6
5092	5.1	35.5
5122	5.1	35.6

5152	5.2	35.6
5182	5.2	35.6
5530	5.5	35.9
5560	5.6	35.9
5590	5.6	35.9
5620	5.6	35.8
5650	5.7	35.7
5680	5.7	35.6
5692	5.7	35.6
5722	5.7	35.6
5860	5.9	36
5902	5.9	36.1
5932	5.9	36.2
5962	6.0	36.3
5992	6.0	36.4
6022	6.0	36.6
6052	6.1	36.8
6082	6.1	37.3
6112	6.1	37.5
6400	6.4	38.5
6430	6.4	38.7
6460	6.5	38.8
6490	6.5	38.9
6526	6.5	39
6544	6.5	39
6592	6.6	39.1
6670	6.7	39.1
6700	6.7	39
6730	6.7	39
6784	6.8	38.7
6802	6.8	38.7
6820	6.8	38.7
6850	6.9	38.5
6880	6.9	38.3
6982	7.0	38.2
7000	7.0	38.1
7012	7.0	38.1
7198	7.2	37
7246	7.2	36.7
7312	7.3	36.5
7390	7.4	36.6
7408	7.4	36.6
7540	7.5	36.4
7630	7.6	36.2
7660	7.7	36.1
7672	7.7	36.1
7702	7.7	36.1

7792	7.8	36
7882	7.9	36
7912	7.9	36.1
8020	8.0	36.2
8062	8.1	36
8140	8.1	35.9
8170	8.2	35.9
8200	8.2	35.8
8224	8.2	35.8
8272	8.3	35.7
8302	8.3	35.7
8350	8.4	35.6
8374	8.4	35.7
8404	8.4	35.6
8482	8.5	35.3
8512	8.5	35.1
8590	8.6	34.9
8710	8.7	34.5
8740	8.7	34.4
8770	8.8	34.3
8836	8.8	34.1
8884	8.9	34
8932	8.9	33.7
8980	9.0	33.6
9004	9.0	33.6
9022	9.0	33.6
9046	9.0	33.7
9154	9.2	33.5
9184	9.2	33.5
9214	9.2	33.5
9322	9.3	33.6
9352	9.4	33.6
9382	9.4	33.6
9490	9.5	33.5
9520	9.5	33.6
9568	9.6	33.7
9616	9.6	33.7
9694	9.7	33.6
9742	9.7	33.6
9808	9.8	33.6
9856	9.9	33.8
9904	9.9	34
9952	10.0	34.1
10000	10.0	34.1