

## 2013 Race Report

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The third Wilne 10k road race took place on Sunday 1st September 2013 in 15C sunny and breezy conditions. For the second year in a row, the event hosted three main championships: the Midland Counties AA 10k Championships, the Midland Masters AC 10k Championships and the Derbyshire Athletics 10k Championships. It was a sell out race of 1,000 entrants on the Wednesday before the race. A total of 835 finished the race with 13 runners dropping out. Many hundreds of pounds were fundraised for the Alzheimer's Society.

Despite the breezy conditions, both of the course records were broken. Ian Kimpton took 12 seconds off the record by running 30:03 and Jilly Woodthorpe took a bigger margin of 28 seconds off the women's record by running 34:38. Ian Kimpton was the winner of the 1<sup>st</sup> to 5k prize in 14:49 and Rebecca Robinson winner of the 1<sup>st</sup> to 5k in 16:56. Overall, this was the strongest field ever assembled at the Wilne 10k with 5 runners under 31mins, 21 runners under 33mins, and 41 runners under 35mins.

Notts AC's Alastair Watson (30:31) and Alison Lavender of Oswestry Olympians (35:39) won the Midlands 10k Championships. Mark Johnson of Mansfield Harriers (31:38) and Louise Insley of Heanor Running Club (38:08) won the Midland Masters titles. The Derbyshire 10k Championship titles went to Daniel Haymes and Louise Insley.

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## 01 SEP RACE REPORT // WILNE 10K INCORP MIDLANDS 10K CHAMPIONSHIPS

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**Ian Kimpton** ran out the clear winner at a breezy Wilne 10k in Derbyshire as the top-two both went inside the old course record of 30:14. Barnsley AC's **Jilly Woodthorpe** made it a double course record-breaking day with victory in the female category.

The two lap race, billed as possibly the fastest in the UK with a height increase of only 5.6 metres, returned for its third year and also incorporated the Midlands Championships, Midland Masters Championships and Derbyshire County Championships.

The event has quickly built up a reputation as a course for fast times following Neilson Hall's 30:15 victory in the first edition of the race in 2011 and Notts AC's Aaron Scott leading five men inside 30:30 last year.

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Temperatures on the day were perfect but the strong breeze again ultimately put paid to race director Richard Kay's ambition for a group of runners going sub-30.

Lincoln Wellington's Ian Kimpton, in his long white socks, led a strong domestic field featuring Phil Wylie, Ben Fish, Alastair Watson and Neil Renault from the off.

With £50 cash prize up for grabs for the first male and female through halfway, Kimpton took the initiative and cruised through 5k in 14:50, with Rebecca Robinson leading the ladies at that point. Watson, Wylie and Fish formed a group of three ten seconds or so back with the rest of the field strung along at intervals.

The wind was in effect throughout the second half but the Lincoln Wellington man was able to maintain his advantage and entered the final straight with a healthy gap.

If not for the wind, a sub-30 might have been on the cards but as it was the twenty six year old crossed the line in a new road PB and course record of 30:02.

Speaking afterwards, Kimpton talked about finally getting the chance to do the race and his recent change of training setup.

"I used to live two or three miles down the road but never did this race whilst I was here. I wanted to come back and do it. It was quite a nice race worth doing. They assembled a good field.

I probably haven't raced as much as I've wanted but I've moved and have been training with a new group so I'm just settling in with them. It seems to be going ok, can't complain with how things are going." (Full interview [HERE](#))

Phil Wylie (30:11) of Bristol & West ran his quickest time of the year to finish second as Blackburn Harriers' Ben Fish (30:29) finished third to continue his strong 2013 road form, including recent victory at the Saddleworth 6 and second at the Sale Sizzler 5k.

Notts AC's Alastair Watson (30:31) went away with the Midlands 10k Championships spoils following a new PB in fourth whilst Mark Johnson of Mansfield Harriers did likewise with his 31:38 clocking to take home the Midland Masters title.

Barnsley AC's Jilly Woodthorpe looked powerful as she chased down the male athletes at the finish. Woodthorpe added the Wilne title to her Rother Valley 10k victory earlier this summer in a new course record of 34:37.

Kendal's Rebecca Robinson (35:00), sixth at the BMC Grand Prix 5000m two weeks ago, finished second, with last year's winner Louise Gardner (35:29) running over a minute quicker but finishing third.

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Fourth-placed Alison Lavender (35:37) of Oswestry Olympians took home the Midlands title whilst Heanor Running Club's Louise Insley clocked a PB of 38:03 to become Midland Masters champion.

Full results [HERE](#)

& race video, including interview with race winner Ian Kimpton [HERE](#)

By Chris Rainsford